

YOUNG PEOPLE CAN ACCESS

COMPLEMENTARY THERAPY

including massage, reiki and meditation

COUNSELLING

confidential person-centred counselling

WORK IT OUT

active therapy, sports and activities

WARREN RECORDS

free-to-use rehearsal spaces and recording studios

THE CURVE

digital skills hub with state-of-the-art equipment, including 3D printers and digital design programs

SCRAN

fully-equipped kitchen to learn how to prepare and cook food

ACHIEVE

support with education, training and employment

HOW TO REQUEST A REFERRAL FORM

DOWNLOAD FROM:

thewarren.org/flipside
wearecornerhouse.org

EMAIL US AT:

referrals@flipsideproject.org

CALL / TEXT / WHATSAPP ON:

07367179759 **OR** 07782523833

WHAT HAPPENS IF YOUR REFERRAL IS ACCEPTED?

Worker is allocated



We make contact with you and the young person's family



The young person will be offered 1-1 support and opportunities to get involved in positive activities

FLIP SIDE

ACCESS TO AN ALTERNATIVE

FLIPSIDE is a project delivered by The Warren and Cornerhouse, offering a holistic model that delivers a range of interventions to children and young people aged 11-19, to prevent them becoming first-time entrants to the criminal justice system

a partnership project between



Humber and North Yorkshire Health and Care Partnership



WHAT IS TRAUMA ?

Trauma isn't what happens to you, it's about how you are affected by something happening to, or around, you

The effect of trauma differs for everyone and can present differently

Effects of trauma can be triggered by people, places, words, or sensory stimulation

Flipside understands how the effects of trauma may impact you and may lead to situations you don't want to be in



WHO CAN WE SUPPORT ?

- Young People aged 11-19
- Young People involved in criminal activity
- Those at risk of being criminally or sexually exploited or groomed
- Low level controlling behaviour towards partners or family
- We also offer specific support to those who are Neurodiverse and are at risk of the above



WHAT DO WE OFFER ?

- 1-1 support in a place that makes the young person feel comfortable, wherever that may be
- We support young people with whatever is going on for them in a trauma informed way
- We promote opportunities to make informed choices, be part of different communities and explore hobbies and interests

